OAKLEY HEALTH GROUP

NEWSLETTER - FEBRUARY 2025

FUNDRAISING 2025

As a team, Oakley Health Group colleagues voted to decide which 3 local charities would receive our fundraising support in 2025. We aim to raise £1,500 (£500 per charity) by carrying out 4 events throughout the year. With a little bit of effort we can make a big difference.

Proposed events:

Spring - Raffle
Summer - Sponsored Walk
Autumn - Quiz
Winter - Pyjama & Glitter Outfits to Work Day

The chosen charities:

Daisy Chain Café
The Daisy Chain Café offers a dementia friendly place for people with dementia or memory loss and their partners to socialise.
Dementia Café - Yateley/Blackwater : Here for Hart Directory
https://www.hereforhartdirectory.org.uk/services/view/176

Yateley Industries
Yateley Industries are a registered charity providing skills training, employment and accommodation for adults with disabilities.
Registered charity providing training for people with disabilities
https://www.yateleyindustries.org/

Sebastian's Action Trust
Inspired by Sebastian, a brave young boy who tragically lost his battle with cancer at just nine years old, their mission began with his vision: a special place for families navigating immense challenges.
Home - Sebastian's Action Trust
https://sebastiansactiontrust.org/



THANK YOU

Donations are really important to us, and although we do not rely on them, they are extremely helpful in ordering equipment we otherwise would have had to wait for.

Jenny and Keith Woodward were kind enough to donate £3,000, which has provided us with an electronic bed, to assist with smears, coils etc, and a new spirometry machine, for lung measurements.

HERE FOR HART

Here for Hart can help you find useful information via a wide-ranging online directory of services offering local help, support, and information. The directory will help if you want advice about debt, housing, mental health worries, dementia, family issues and much more. Subjects include:

- care and support
- disabilities and health conditions
- employment
- housing support
- social and leisure activities
- money matters
- transport and mobility

Search : Here for Hart Directory

https://www.hereforhartdirectory.org.uk/





EATING DISORDERS AWARENESS 24/02/25 – 01/03/25

Lives are being lost and families torn apart because of "woefully inadequate care" for people with eating disorders, according to a group of MPs.

The "alarming" rise in disorders such as anorexia and bulimia, over the past decade, has now become an "emergency", the All-Party Parliamentary Group on Eating Disorders says in a report.

NHS England acknowledged services were under extreme pressure but said all mental-health trusts now offered teenagers and young people early help.

Source - BBC News 22/01/2025.



The Oakley Health Group will be CLOSED

from 12.30pm – 6.30pm
on
Thursday 13th February 2025

for essential staff training organised by Frimley ICB

Local doctors & nurses will be working, if you need urgent medical advice when we are closed call the NHS 111 service

Urgent treatment, walk-in and minor injury centres will be open

A&E or 999 only for those who are seriously injured or critically ill