



AUTISM-FRIENDLY GYMNASTICS SESSIONS

Drop-in sessions suitable for ages 5-12 designed to allow children the chance to express themselves in an unstructured and fun environment.

Children will be able to practise and learn new skills using a wide range of apparatus and sensory equipment. We ask that children attend sessions accompanied by a parent/guardian, siblings are welcome. There will be a fully qualified gymnastics coach present at all times.

Sessions take place 1:30-2:30pm on:

Saturday 7th March

Saturday 4th April

Saturday 9th May

Saturday 6th June

CALL 03330 050134 TO BOOK IN ADVANCE TODAY

Hart Leisure Centre
Emerald Avenue, Fleet GU51 5EE



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