

# Inclusive social walking group

FREE  
Every  
Weds

## For those living with dementia & their carers

An easy walk in a friendly group led by  
a trained Walking for Health Leader

**11.30am - 12 / 12.30pm every Wednesday**

**From venues around Farnham including  
Shepherd & Flock. Call to book your free place.**

Open to those with mild to moderate dementia & carers

To secure your free place or for questions  
please call Right at Home on **01252 783426**  
or email [Hello@rightathomegf.co.uk](mailto:Hello@rightathomegf.co.uk)

